

C B G

M E B



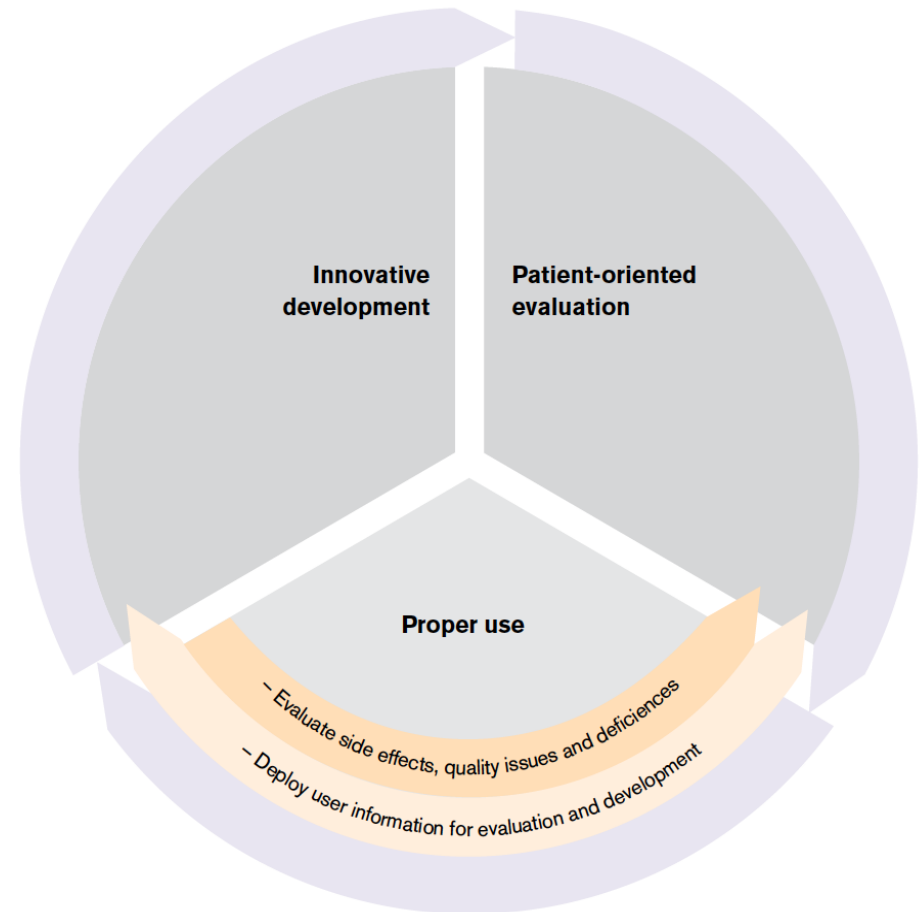
Patient involvement at the MEB

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COMP member NL
Medicines Evaluation Board

EURORDIS summer school 2017
Barcelona

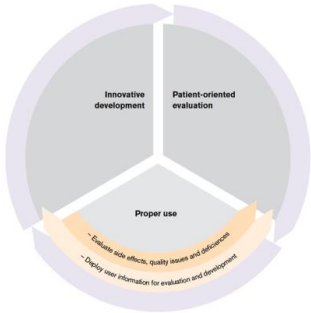
Strategic Business Plan of MEB 2014-2018

- Focus on the entire **life cycle** of a medicinal product
- **Patient** is most important stakeholder
- Aim: Receive input from patients to strengthen the connection to the user's practice
- Transparency on how MEB operates and create support for regulatory decisions

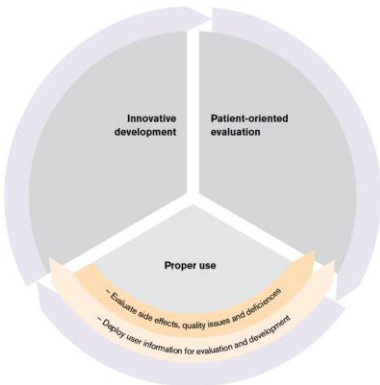


- Since 2004 “Overleg CBG patiënt en consument”
 - 3-4 times per year
 - Minutes published on the MEB website
 - Different subjects discussed: clinical and regulatory guidelines, issues with product information (braille, readability text), regulatory developments (e.g. PRAC), clarification of regulatory decisions, general subjects (e.g. communication)
- Theme-meetings: biosimilars, information provision
 - Goal: Inform and consult
- Questions from (individual) patients
- A list of patient organizations:
 - to inform on decisions,
 - request for input on decisions/questions
 - work together in case of specific incidents (e.g. Thyrax, medicinal products for ADHD, suspensions)
- Since 2015 –Board member on patient- and consumer-perspective
 - Annemiek van Rensen - Senior advisor PGO support (patient and handicap organizations in NL)

Patient organisations consulted for guidelines



- 1) Concept paper on the need for revision of the points to consider on the clinical investigation of new medicinal products for the treatment of **acute coronary syndrome** ([De Hart & Vaatgroep](#))
- 2) Draft qualification opinion of qualification of exacerbations 5 of chronic pulmonary disease tool (EXACT), and EXACT-6 respiratory symptoms measure (E-RS) for evaluating 7 treatment outcomes in clinical trials in **COPD** ([Longfonds](#))
- 3) Risk minimisation strategy for high strength and fixed combination insulin products Draft addendum to the good practice guide on risk minimisation and prevention of medication errors ([Diabetesvereniging Nederland](#))
- 4) Guideline on clinical investigation of medicinal products other than NSAIDs for treatment of rheumatoid arthritis ([Reumafonds](#))



Since 1 Januari 2017 –portal:

'Passend regulieren'
 Flexible regulatory thinking
 science
 evidence
 patients' preferences

Consultation with patient and consumer organisations

<http://english.cb-g-meb.nl/human/for-patients-and-consumers>



Availability of medicines:

Reporting of shortages

Defects

(In 2016 – important issue – shortage of Thyrax)

MEB – coordination of the information to patients and consumers

Patient organisations

Physicians and pharmacists organisations.

I-vision MEB



Duurzaam toegankelijke
informatievoorziening



Intelligente
informatieanalyse



Actuele en accurate
(geneesmiddelen)informatie

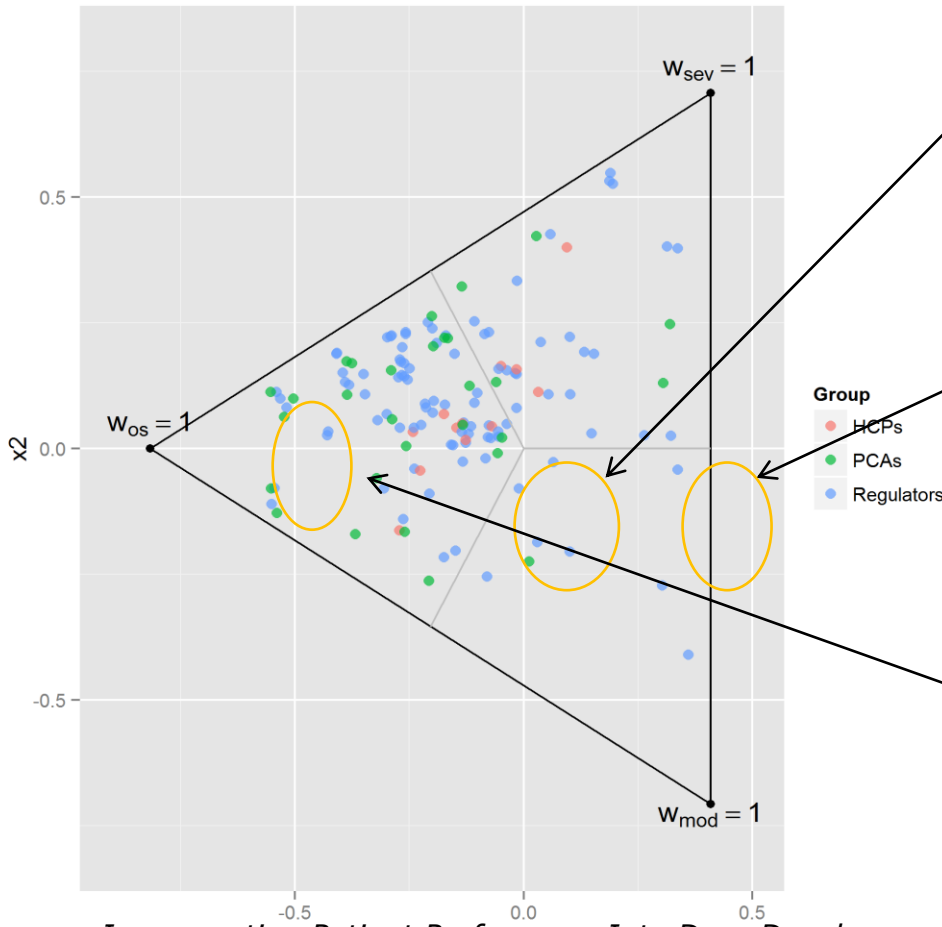


Ontsluiten van informatie
voor goed gebruik



Selfservice portaal
voor bedrijven

Distribution of the individual preferences



Centroid: all three criteria are equally important

Reducing toxicity is far more important than improving survival. Both toxicities are about equally important

Overall survival >> severe toxicity >> moderate toxicity

Incorporating Patient Preferences Into Drug Development and Regulatory Decision Making: Results From a Quantitative Pilot Study With Cancer Patients, Carers, and Regulators

D Postmus^{1,2}, M Mavris¹, HL Hillege², T Salmonson^{1,3}, B Ryll⁴, A Plate⁵, I Moulon¹, H-G Eichler¹, N Bere¹ and F Pignatti¹

The elicitation of individual patient preferences may lead to the **identification of subgroups with homogeneous preferences** and, as a result, to **market authorization decisions that are tailored to such subgroups.**

It may also highlight situations where the **regulators' value judgments** differ from those of **patients** and where there is greater need for **transparent and accessible communication** about the regulators' reasons and rationales that contribute to their decision.

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The PIL – even more patient friendly?

met-FOR-min

Metformin 850mg

Helps control **glucose levels** for type 2 diabetes.
Monitor your blood sugar while taking this medication.


Pill ID (actual size)



0.5 inches


How to take your medication

Twice a day • After a meal • Take 1 pill




AM
+
PM

Take pills roughly
12 hours apart





A full stomach
prevents diarrhea



Read prescription
label instructions


You may do this

-  **Drive**
Or operate machinery
-  **Drink alcohol**
Only in small amounts

What you can expect

Benefits and side effects begin at *different times*.

Effectiveness




HOURS DAYS WEEKS MONTHS

Chance of Side Effects

- 50% diarrhea
- 25% nausea
- 10% gas
- 10% lack of energy
- 5% stomachache

Do not take with

-  **Ranitidine** (e.g. Zantac)
Reduces stomach acid
- Quinine**
Found in many supplements
- Niacin** (nicotinic acid, vitamin B₃)
- Oral contraceptives**
Birth control

Seek medical advice

- muscle pain
- cold or numb limbs
- trouble breathing
- abnormal heart rate
- dizziness
- fatigue
- vomiting

*These signs may indicate a serious condition called **lactic acidosis**. Contact your doctor if you experience any of these symptoms.*

General design and objective of the registry

Population – eligibility and selection of patients

Intervention group and control or comparator group(s)

Endpoints – efficacy (and safety)

Data collection, quality and missing data

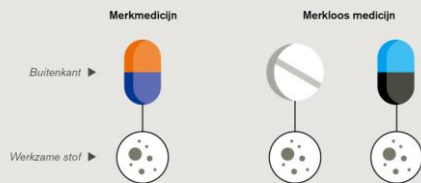
Method of analysis and presentation of results

Plans for communication of study results

Antwoorden op
vragen over merkloze
medicijnen



Een merkloos medicijn is een merkmedicijn in een ander jasje.
De (hoeveelheid) werkzame stof is gelijk.



Iedereen die een medicijn gebruikt moet daarop kunnen vertrouwen. Dit is waar het College ter Beoordeling van Geneesmiddelen elke dag aan werkt, in Nederland en in Europa. Goede medicijnen goed gebruikt. College ter Beoordeling van Geneesmiddelen

Deze folder is opgesteld in samenwerking met:

- BijnierNET
- Consumentenbond
- Dutch Brain Council
- Longfonds
- Oogvereniging
- Patiëntenfederatie Nederland
- Nationale Vereniging ReumaZorg Nederland
- Nederlandse Hypofyse Stichting
- Schildklier Organisatie Nederland
- Stichting Borderline

<https://english.cbg-meb.nl/human/patients-and-consumers>

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Thank you!