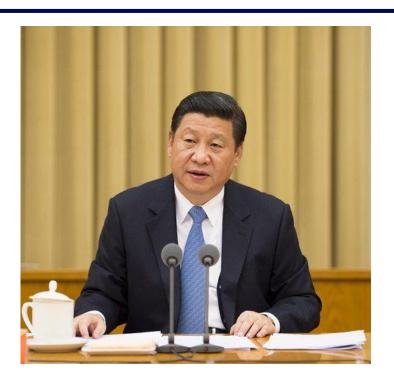


China's Initiative to Combat the Challenges of Rare Diseases

**SHUYANG ZHANG MD** 

Peking Union Medical College Hospital

## Healthy China 2030 Program — Health for All





'Health is a prerequisite for people's all-round development and a precondition for economic and social development.'

— President Xi Jinping, National Health Conference, 2016

## Policies at National Level for Rare Diseases Care in China

- 1. Policy Making and the Consulting Organization
- 2. Clinical Care System governed by China NHC
- 3. National Rare Diseases Registry System supported by PUMCH
- 4. Specialty Communities, Workforce Training and Medical Education
- 5. Prioritized Approval Process by China FDA

## Policies at National Level for Rare Diseases Care in China

- 6. Tax reduction for Orphan Drugs by Central Government
- 7. Research Funding in Rare Diseases
- 8. Social Care and Charities
- 9. Broad Involvement of Multiple Stakeholders
- 10. Collaboration with International Communities

## Policy Making and the Consulting Organization

### 2016.1 Establishment of rare diseases experts committee

(Diagnosis/Treatment/Medical security) (Member of National Health committee)

### **Primary task:**

**Catalogue of Rare Diseases in China** 





## China's First List of Rare Diseases (2018.5)

- National Health Committee
- Ministry of Science and Technology
- Ministry of Industry and Information Technology
- State Food and Drug Administration
- State Administration of Traditional Chinese Medicine

Five ministries jointly issued the first version of RD catalogue 121 diseases included

The second edition will be updated soon

### 国家卫生健康委员会 科 学 技 术 部 工 业 和 信 息 化 部 文件 国家药品监督管理局 国家 中 医 药 管 理 局

国卫医发[2018]10号

#### 关于公布第一批罕见病目录的通知

各省、自治区、直辖市及新疆生产建设兵团卫生计生委、科技厅 (委、局)、工业和信息化主管部门、食品药品监督管理局、中医药管 <sup>理局</sup>。

为贯彻落实中共中央办公厅、国务院办公厅《关于深化审评审 批制度改革鼓励药品医疗器械创新的意见》,加强我国罕见病管理,提高罕见病诊疗水平,维护罕见病患者健康权益,国家卫生包

#### 第一批罕见病目录

序号	中文名称	英文名称		
1	21-羟化酶缺乏症	21-Hydroxyulase Deficiency		
2	白化病	Albinism		
3	Alport 综合征	Alport Syndrome		
4	肌萎缩侧索硬化	Amyotrophic Lateral Sclerosis		
5	Angelman 氏症候群 (天使综合征)	Angelman Syndrome		
6	精氨酸酶缺乏症	Arginase Deficiency		
7	热纳综合征 (窒息性胸腔失养症)	Asphyxiating Thoracic Dystrophy (Jeune Syndrome)		
8	非典型溶血性尿毒症	Atypical Hemolytic Uremic Syndrome		
9	自身免疫性脑炎	Autoimmune Encephalitis		
10	自身免疫性垂体炎	Autoimmune Hypophysitis		
11	自身免疫性胰岛素受体病	Autoimmune Insulin Receptopathy (Type B insulin resistance)		
12	β-剛硫解酶缺乏症	Beta-ketothiolase Deficiency		
13	生物素酶缺乏症	Biotinidase Deficiency		
14	心脏离子通道病	Cardic Ion Channelopathies		
15	原发性肉碱缺乏症	Carnitine Deficiency		
16	Castleman 荊	Castleman Disease		
17	腓骨肌萎缩症	Charcot-Marie-Tooth Disease		
18	瓜氨酸血症	Citrullinemia		
19	先天性肾上腺发育不良	Congenital Adrenal Hypoplasia		
20	先天性高胰岛素性低血糖血症	Congenital Hperinsulinemic Hypoglycemia		
21	先天性肌无力综合征	Congenital Myasthenic Syndrome		
22	先天性肌强直 (非营养不良性肌强 直综合征)	Congenital Myotonia Syndrome (Non-Dystro Myotonia, NDM)		
23	先天性脊柱侧弯	Congenital Scoliosis		

冠状动脉扩张病	Coronary Artery Ectasia	30	14. 大性 外联 降 里 经	Hypophosphatasia	
先天性纯红细胞再生障碍性贫血	Diamond-Blackfan Anemia	51	低磷性佝偻病	Hypophosphatemic Rickets	
Erdheim-Chester 病	Erdheim-Chester Disease	52	特发性心肌病	Idiopathic Cardiomyopathy	
法布雷病	Fabry Disease	53	特发性低促性腺激素性性腺功能或 退症	Idiopathic Hypogonadotropic Hypogonadism	
家族性地中海热	Familial Mediterranean Fever				
苑可尼貧血	Fanconi Anemia	54	特发性肺动脉高压	Idiopathic Pulmonary Arterial Hypertension	
半乳糖血症	Galactosemia	55	特发性肺纤维化	Idiopathic Pulmonary Fibrosis	
戈谢朔	Gaucher's Disease	56	IgG4 相关性疾病	IgG4 related Disease	
全身型重症肌无力	General Myathenic Gravis	57	先天性胆汁酸合成障碍	Inborn Errors of Bile Acid Synthesis	
Gitelman 綜合征	Gitelman Syndrome	58	异戊酸血症	Isovaleric Acidemia	
戊二酸血症I型	Glutaric Acidemia Type I	59	卡尔曼综合征	Kalimann Syndrome	
糖原果积病 (I型、II型)	Glycogen Storage Disease (Type I. II)	60	朗格汉斯组织细胞增生症	Langerhans Cell Histiocytosis	
血友痢	Hemophilia	61	<b>莱伦氏综合征</b>	Laron Syndrome	
肝豆状核变性	Hepatolenticular Degeneration(Wilson Disease)	62	Leber 遺传性视神经病变	Leber Hereditary Optic Neuropathy	
遺传性血管性水肿	Hereditary Angioedema (HAE)	63	长键 3-羟酰基辅酶 A 脱氢酶缺乏症	Long Chain 3-hydroxyacyl-CoA Dehydrogenas	
遗传性大疱性表皮松解症	Hereditary Epidermolysis Bullosa			Deficiency	
遗传性果糖不耐受症	Hereditary Fructose Intolcrance	64	淋巴管肌瘤病	Lymphangioleiomyomatosis (LAM)	
遺传性低镁血症	Hereditary Hypomagnesemia	65	<b>赖氨酸尿蛋白不耐受症</b>	Lysine Urinary Protein Intolerance	
	Hereditary Multi-infarct Dementia (Cere Autosomal Dominant Arteriopathy with Subcort Infarcts and Leukoencephalopathy, CADASIL)	66	溶酶体酸性脂肪酶缺乏症	Lysosomal Acid Lipase Deficiency	
遗传性多发脑梗死性痴呆		67	枫糖尿症	Maple Syrup Urine Disease	
		68	马凡综合征	Marfan Syndrome	
遗传性痉挛性截瘫	Hereditary Spastic Paraplegia	69	McCune-Albrigh 综合征	McCune-Albright Syndrome	
全羧化酶合成酶缺乏症	Holocarboxylase Synthetase Deficiency	70	中链酰基辅酶 A 脱氢酶缺乏症	Medium Chain Acyl-CoA Dehydrogenas	
同型半胱氨酸血症	Homocysteinemia			Deficiency	
纯合子家族性高胆固醇血症	Homozygous Hypercholesterolemia	71	甲基丙二酸血症	Methylmalonic Academia	
亨廷顿舞蹈病	Huntington Disease	72	线粒体脑肌病	Mitochodrial Encephalomyopathy	
	Hyperornithinaemia-Hyperammonaemia-Hhoms rullinuria Syndrome	73	黏多糖贮积症	Mucopolysaccharidosis	
HHH 综合征		74	多灶性运动神经病	Multi-Focal Motor Neurothy	
<b>高苯丙氨酸血症</b>	Hyperphenylalaninemia	75	多种酰基辅酶 A 脱氢酶缺乏症	Multiple Acyl-CoA Dehydrogenase Deficiency	

50 低碱性磷酸酶血症

76	多发性硬化	Multiple Sclerosis		
77	多系统萎缩	Multiple System Atrophy		
78	肌强直性营养不良	Myotonic Dystrophy		
79	N-乙酰谷氨酸合成酶缺乏症	NAGS Deficiency		
80	新生儿糖尿病	Neonatal Diabetes Mellitus		
81	视神经脊髓炎	Neuromyelitis Optica		
82	尼曼匹克病	Niemann-Pick Disease		
83	非综合征性耳聋	Non-Syndromic Deafness		
84	Noonan 综合征	Noonan Syndrome		
85	乌氨酸氨甲酰基转移酶缺乏症	Ornithine Transcarbamylase Deficiency		
86	成青不全症 (跛骨病)	Osteogenesis Imperfecta (Brittle Bone Disease)		
87	帕金森病(青年型、早发型)	Parkinson Disease (Young-onset, Early-onset)		
88	阵发性睡眠性血红蛋白尿	Paroxysmal Nocturnal Hemoglobinuia		
89	展赛息肉综合征	Peutz-Jeghers Syndrome		
90	苯丙酮尿症	Phenylketouria		
91	POEMS 综合在	POEMS Syndrome		
92	卟啉病	Porphyria		
93	Prader-Willi 综合征	Prader-Willi Syndrome		
94	原发性联合免疫缺陷	Primary Combined Immune Deficiency		
95	原发性遗传性肌张力不全	Primary Hereditary Dystonia		
96	原发性轻链型淀粉样变	Primary Light Chain Amyloidosis		
97	进行性家族性肝内胆汁淤积症	Progressive Familial Intrahepatic Cholestasis		
98	进行性肌营养不良	Progressive Muscular Dystrophies		
99	丙酸血症	Propionic Acidemia		
100	肺泡蛋白沉积症	Pulmonary Alveolar Proteinosis		
101	肺囊性纤维化	Pulmonary Cystic Fibrosis		
102	视网膜色素变性症	Retinitis Pigmentosa		
103	视网膜母细胞瘤	Retinoblastoma		
104	重症先天性粒细胞缺乏症	Severe Congenital Neutropenia		

## A Nation-wide Medical Care System



## 324 hospitals designated as the Clinical Center of Rare Diseases

National (1) PUMCH Provincial (32), Municipal (291)

Directed by the National Committee of Health (equivalent to China Ministry of Health)

## **Duties of Medical Care System**

- 1. Screening and Primary Diagnosis
- 2. Dual-Direction Referral of Undiagnosed Patients
- 3. Long-term Clinical Management
- 4. Consulting for Child-birth
- 5. Report and Registry
- 6. Priority for Orphan Drug Distribution
- 7. Clinical Trials of Orphan Drugs

## National Rare Diseases Registry System



National Rare Diseases Registry System of China

### www.nrdrs.org.cn

### **Initiated from Dec, 2016**



### Supported by

- **1 National Health Committee, China**
- ② Ministry of Science and Technology, China
- **③ Peking Union Medical College Hospital**
- **4** Total budget: 40,000,000 RMB

## National Rare Diseases Registry System

## Statistics

- 1. Over 30,000 Cases (Clinical + Bio samples)
- 2. Over 180 Disease Entities
- 3. > 150 Experts
- 4. > 50 Research Institutes



### Long-term Goal

- 1. Phenotypic-Genomic Integrated Data Platform
- 2. Research Infrastructure for China and the World
- 3. Accurate Statistics of RD in China

## **Associations and Workforce Training**



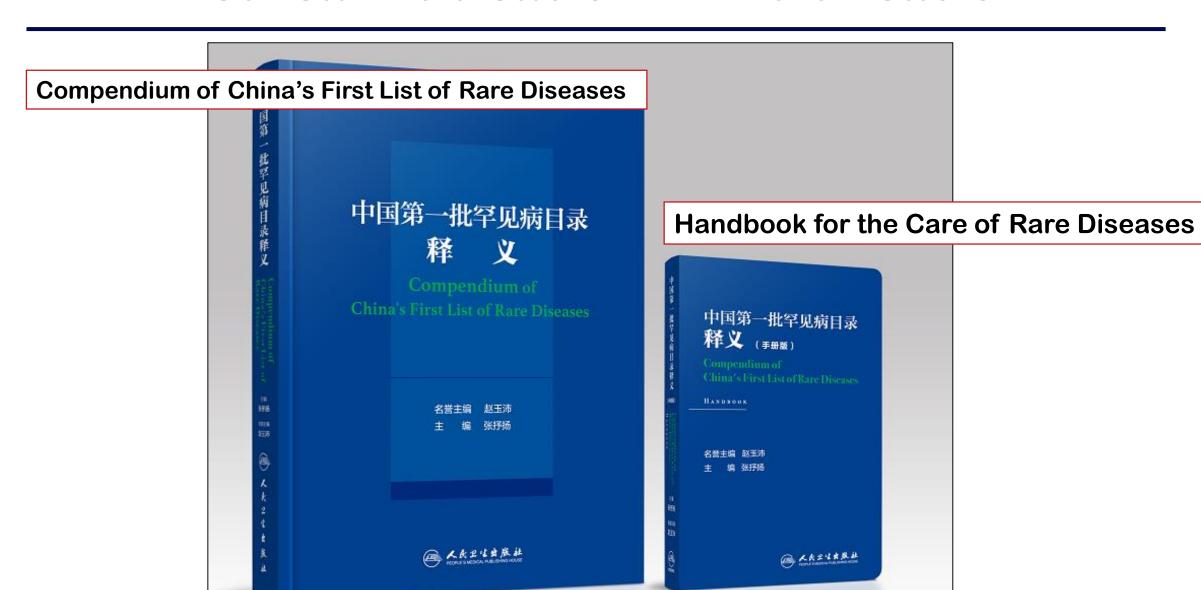
The Rare Diseases Research Center of Chinese Academy of Medical Sciences (CAMS)

The Rare Diseases Society of the Chinese Association of Research Hospitals

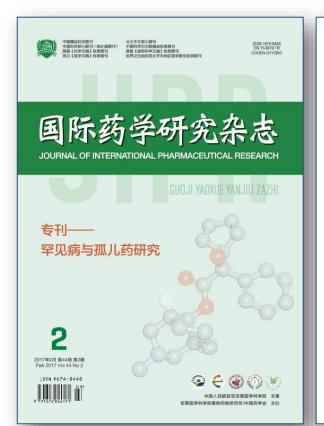
### **Provincial Rare Disease association**

- D Beijing
  - Shanghai
- 3 Shandong4 others
- Nation-wide Training of the Clinical Care and Research of Rare Diseases

## Medical Education — Publication



## Publishing Special Issues on Rare Diseases and Orphan Drugs







#### 专刊寄语

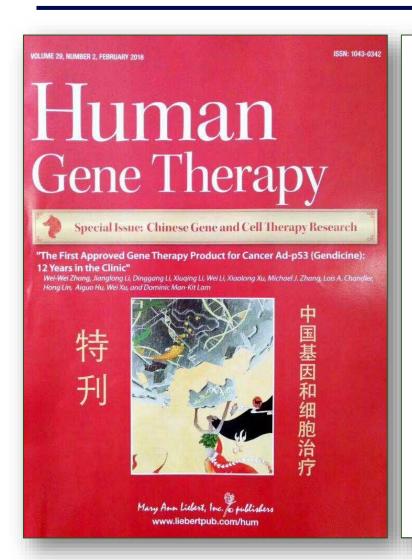
罕見病患病率低,但病种繁多。据估计全球有超过3亿罕見病患者,其中在中国估计超过3000万。目前95%的罕見病沒有治疗药物,因此罕見病实际给社会带来了重大疾病負担。推进罕見病研究和孤儿药研发,将增进罕見病人群健康福祉,对于经济、社会、伦理均具有重大意义,是健康中国建设必不可少的一环



北京协和医院副院十 北京协和医院副院十

罕见病药物研发已经成为当今生物医药产业极为关注的领域。据估计,目前全球孤儿药市场增速是常见疾病药物的2倍。据 Evaluate Pharma 分析,到 2020年,全球孤儿药市场价值可达 1760亿美元,接近处方药销售总额的 19%。欧美等发达国家均将罕见病从国家战略层面部署,以抢占生物医药科技制高点。2014年,美国食品药品监督管理局(FDA)批准了 19个罕见病治疗新药,占当年批准新药总数的 38%,罕见病药物的市场展现巨大商业价值。而长期以来我国罕见病研究科研投入缺乏,罕见病药物严重依赖进口。随着近些年国家和社会对于罕见病群体的关注日益增加,预计未来孤儿药研发也将成为我国生物医药产业发展中的亮点。

## Publishing Special Issues on Rare Diseases and Orphan Drugs



National Rare Diseases Registry System of China and Related Cohort Studies: Vision and Roadmap

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Rare diseases are major challenges in healthcare and medical research and are the basis of national development strategies in many countries. However, inadequate definition of rare diseases and lags in orphan drug development in China hinder rare disease research. In response, the first National Rare Diseases Registry System of China (NRDRS) was established, and various cohort studies have been launched since 2016. More than 20 top academic institutions in China are currently participating in this joint effort to carry out nationwide registration of rare diseases. The primary objectives are to establish standardization for the registration platform, build biobanks of genomic data, and create partnerships for data sharing and research collaboration. Innovative informatics technologies have been implemented to develop the NRDRS, including employment of ontological and knowledge bases to render standardization and support standard of care. Development of informatics analysis tools will facilitate accurate anone efficient diagnoses for rare diseases. Long-term research collaboration is encouraged to create additional national rare disease networks for research translation and to benefit patients with rare diseases. The NRDR of China and related cohort studies are anticipated to enlighten rare disease research significantly in China.

Keywords: rare diseases, patient registry, cohort study, medical informatics, genomics

#### INTRODUCTION

RARE DISEASES REPRESENT a large group of healthrelated entities without a universally recognized definition. The definition of rare diseases as a whole varies by country and according to specific socioeconomic circumstances. For example, the United States defines rare diseases as disorders affecting <200,000 individuals, while the European definition is diseases with a prevalence of <5/10,000 people. Despite the low prevalence of a given rare disease, the overall population affected by rare diseases in general is strikingly large due to the great variety that exists. Thus, rare diseases substantially contribute to a high disease burden for patients, families, and communities around the world. 2-4 Considering the vast population of China, disease burden can add up to an astronomical figure. It is estimated that >10,000,000 patients are affected with chromosomal disease syndromes,

while monogenic diseases affect >1,000,000 patients. Despite the heavy disease burden, rare diseases receive insufficient attention, resulting in significant lags in many aspects related to their research, understanding, and treatment. There is an urgent need for a national coordinated and collaborative rare disease research program.

Advancements in genomic testing have helped to shed light on diagnosis and management of rare diseases. As the majority of rare diseases are genetic in origin, molecular genetic diagnostic techniques can play a critical role in this area. In addition to traditional genetic testing methods, high-throughput next-generation sequencing technology is being widely adopted and functions as a major tool in rare disease diagnosis and research. Transcriptomics and metabolomics data may be applied to address the diagnostic demands that are unmet by traditional enzymatic detection

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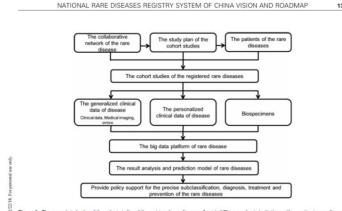


Figure 1. The general study plan of the cohort studies of the registered rare diseases. A total of 20 top academic institutions with expertise in rare diseases research set furth to establish the nationwide collaborative network, in make study plan of the cohort studies, and to insists the registerior of passets with rare diseases. Clinical data including imaging, omic, diseases specific data items, and biospecimen data are interested to form the Big Data platform of rare diseases. Clinical data including imaging, omic, diseases specific data items, and biospecimen data are interested to form the Big Data platform of rare diseases. It is articipated that the cohort studies will support policy making for the precise soubclassification, disposits, treatment, and prevention of rare diseases.

wide data retrieval from any satellite database; and (3) smooth data retrieval from various systems, including the registration platform, biobank management systems, hospital information systems, and electronic medical record management systems.

#### Table 1. Detailed coverage of categories in the general

Category	Coverage			
Clinical data	ta Identities, medical informed consent (MIC):			
	General information (occupation, socioeconomic status, diet, exercise, and other general life-style, smoking and environmental factors, occupational exposure, etc.);			
	Present and past medical history, marital history, and obstetric history;			
	Physical examination, review of systems, health screening;			
	Present and past medication;			
	Other relevant information (social security, family and social care, employment status, medical accessibility, etc.).			
Multimodal imaging data	Radiographic examination, computed tomography, magnetic resonance, nuclear medicine, molecular imaging, ultrasound, endoscopic imaging, histology and cytology, and other imaging or multimedia data			
Multi-omics data	Standards of data validation and management on genetic and genomic data, as well as data generated from enzyme testing, molecular targets, transcriptomics, epigenomics, proteomics, immunology, metabolomics, etc.			

#### Validating the standardization by conducting multicenter retrospective cohort studies

Biomedical research facilitates precise diagnoses and early intervention, which promotes a longer life-span and better quality of life for patients. The shared rare diseases information platform of the NRDRS is expected to accelerate integration of clinical diagnosis and treatment information with the data and sample library of clinical cohort studies in order to identify an accurate approach to the diagnosis and treatment of rare diseases. Indeed, the study of a disease largely simplifies its diagnosis and makes early intervention possible, especially for rare diseases with common clinical manifestations.

The NRDRS plans to conduct cohort studies of 50,000 cases of at least 59 types of rare diseases. The list consists of cardiovascular, pulmonary, urinary, endocrinologic, metabolic, hematologic, neurologic, musculoskeletal, and dermatological diseases. For patients suspected of having one of the abovementioned diseases, their clinical records and biological samples would also be integrated into the NRDRS database after obtaining informed consent. Detailed genomic analyses would be performed to identify disease-related genes, which provide data for the construction of a digital clinical phenotype and genotype evaluation model.

## Other Medical Education programs

Translation of Gene Reviews into Chinese by NRDRS

(7 million characters in total)



- Initiation of the Textbook of Rare Diseases for graduate students
- Collaboration with different specialty societies for Continued Medical Education



## Rare Disease Medication Dilemma



Diseases without any effective drug or treatment

Effective drugs are not available in China

Effective drugs are available but no indication of RD

Most of RD Drugs are unaffordable and not in the medical secure list

### **NEED TO IMPROVE:**

- Orphan Drug Research and Development
- Approaches to Drug Import
- Clinical Trials
- Medical Insurance Policy



## **Prioritized Drug Approval Process**

- 1. Fast-track for drug approval for the orphan drugs approved in the US, EU and Japan
- 2. China has formed an approval process for orphan drugs in urgent need
- 3. Criteria
  - (1) With indication for the entities enlisted in the First List of Rare Diseases
  - ② Drugs for severe and life-threatening conditions that has no effective therapeutic methods
  - ③ Drugs for severe and life-threatening conditions and those with significantly increased clinical benefit.
- 4. Approval Duration: 3-6 months
- 5. Post-marketing Research requested for efficacy and safety evaluation
- 6. The System of Health Technology Assessment (HTA/HEOR) for Rare Diseases and Orphan Drugs

## Tax Reduction for Orphan Drugs

- 1. Announced on Feb 11th by Prime Minister Li Keqiang
- 2. Value-added tax  $16\% \rightarrow 3\%$  (80% Reduction)
- 3. 21 Orphan Drugs
- 4. March 1<sup>st</sup> 2019
- 5. Perspectives
  - ① Reduction of the financial burden of patients
  - 2 Incentive for orphan drug pharmaceutical companies
  - 3 Promotion of the social awareness of rare diseases and orphan drugs



## **Research Funding**

- 1. National Key Science and Technology Research Program
  - ① Rare Diseases Registry and Cohort Studies > 40m RMB
  - ② Diagnostics Technologies Innovation > 20m RMB
  - ③ Other related Diseases > 50m RMB
- 2. National Natural Science Foundation, Special Fund for Rare Diseases
- 3. Provincial Level Research Funding for Rare Diseases
  - ①Beijing ②Shanghai ③Guangdong ④Zhejiang ⑤Shandong
- 4. Novel Drug Discovery and Development Program

## **Social Care and Charities**

- 1. Regional Social Insurance Coverage
  - ① Qingdao
  - 2 Shanghai
  - 3 Beijing
  - (4) others
- 2. Disability Care and Support
- 3. Rehabilitation and Enforcement of Employment
- 4. Prohibition and Prevention of Discrimination
- 5. Financial Support Program by Various Charities



### **Broad Involvement of Multiple Stakeholders**















## **Broad Involvement of Multiple Stakeholders**



### 2018.10 China Alliance For Rare Diseases

Academic organization Research Institute

30

Pharmaceutical enterprises



Hospital



Patient group
Public funds
Media publicity







### **Members of China Alliance For Rare Diseases**

Hospitals 48 From 26 provinces

**Government departments 3** 







**Enterprises 36 Biotechnology , Information Technology and Pharmaceutical enterprises** 

**Academic organization 5** 





**Research Institutions 2** 



Patient group 2
Public funds 1
Media 1

### **Duties of China Alliance For Rare Diseases**

### Research on policy

**Academic communication** 

**Shared data platform** 



**Rapid Product translation** 

**Professional training** 

International cooperation

**Standards for medical care** 

Social public service

Innovation of orphan drugs

### **Collaboration with International Communities**

- ICORD
- Orphanet
- IRDiRC
- SNOMED International
- AMIA
- Broad Institute
- Yale University
- Weitzmann Institute of Science









## Welcome to NCCORD

JUNE 2019, in Beijing

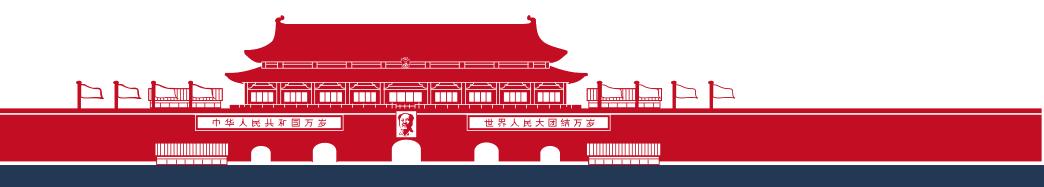
National Conference of China on Rare Diseases and Orphan Drugs







# RARE DISEASES IN CHINA: TOWARDS A BETTER AND FAIRER FUTURE







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- Director, the Office of the Expert Committee on Diagnosis, Treatment and Medical Security of Rare Diseases of National Health Committee
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