## HOLISTIC APPROACH: BRIDGING HEALTH AND SOCIAL CARE

The need to address the 'Big 5' from a lifelong perspective: healthcare, social care, school, insurance and labour

Robert Hejdenberg CEO, Ågrenska







# **Ågrenska and the SDGs**

#### Six SDGs with particular relevance to rare diseases









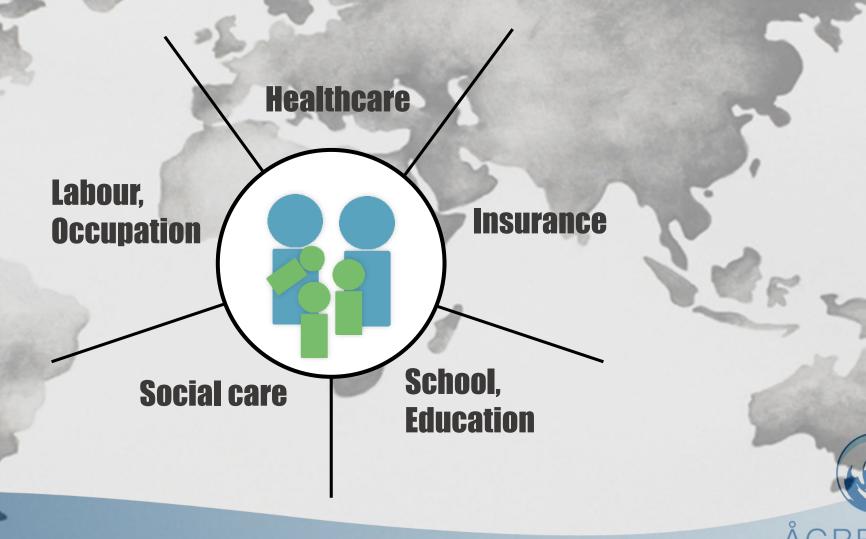




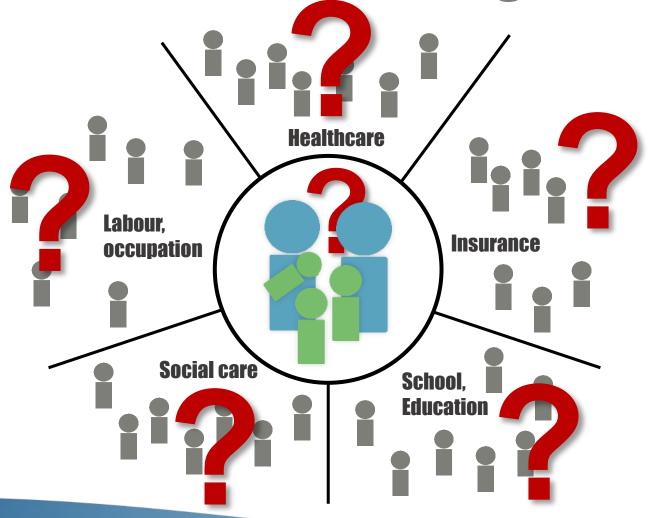




# Rare diseases and the Big 5: a global challenge

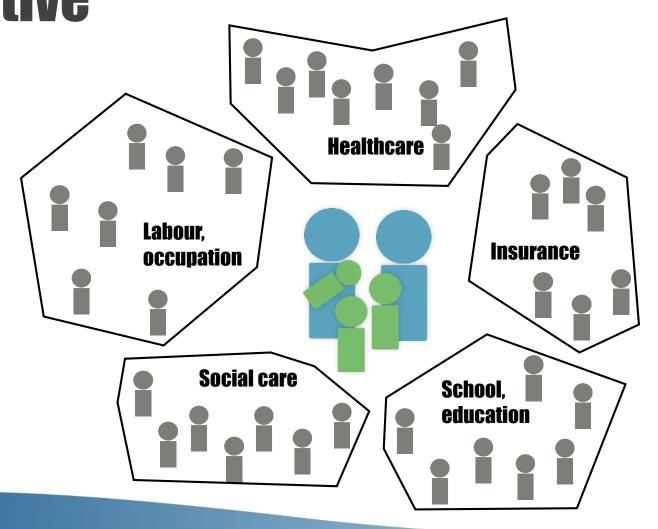


## 40 to 120 contacts with the Big 5



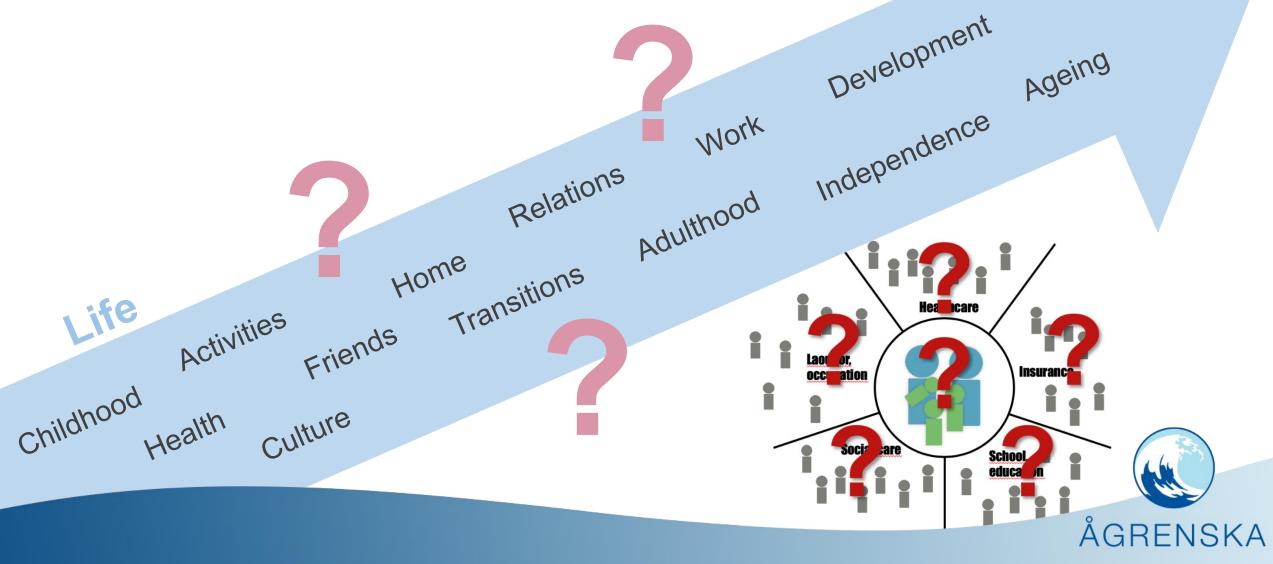


Silos, gaps, lack of coordination and holistic perspective





# Lifelong and optimal life perspective



### **The Goal**

Holistic support

Lifelong perspective

**Optimal lives** 

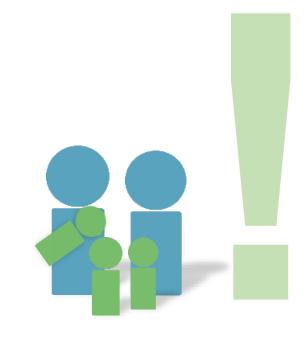
How to get there...



### Families and individuals

### To build competence and coping

- Knowledge about the disease and its lifelong consequences
- Knowledge about available support
- Methods
- Network

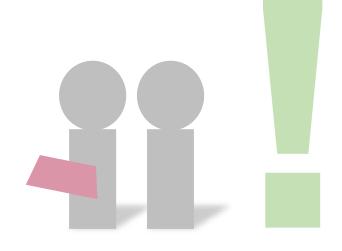




## **Professionals in the Big 5**

### **Knowledge about**

- The individual and the diagnosis
- Practical consequences
- Coordination
- How to adapt methods and contents,
  i.e. bridge the gap between medical and practical aspects



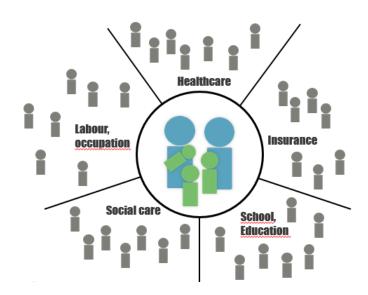
Translation



## Institutions: the system level

#### **Structural Preconditions**

- Acknowledge and prioritize holistic approach
- Global challenge collaboration a possibility and necessity
- Cross boarder, cross silo
- Legislation and regulations





# Lifelong and optimal life perspective

