



SHARING PHYSIOTHERAPY KNOWLEDGE ABOUT RARE DISEASES

- THE STRATEGY OF NATIONAL NEUROMUSCULAR CENTRE (NMK), NORWAY

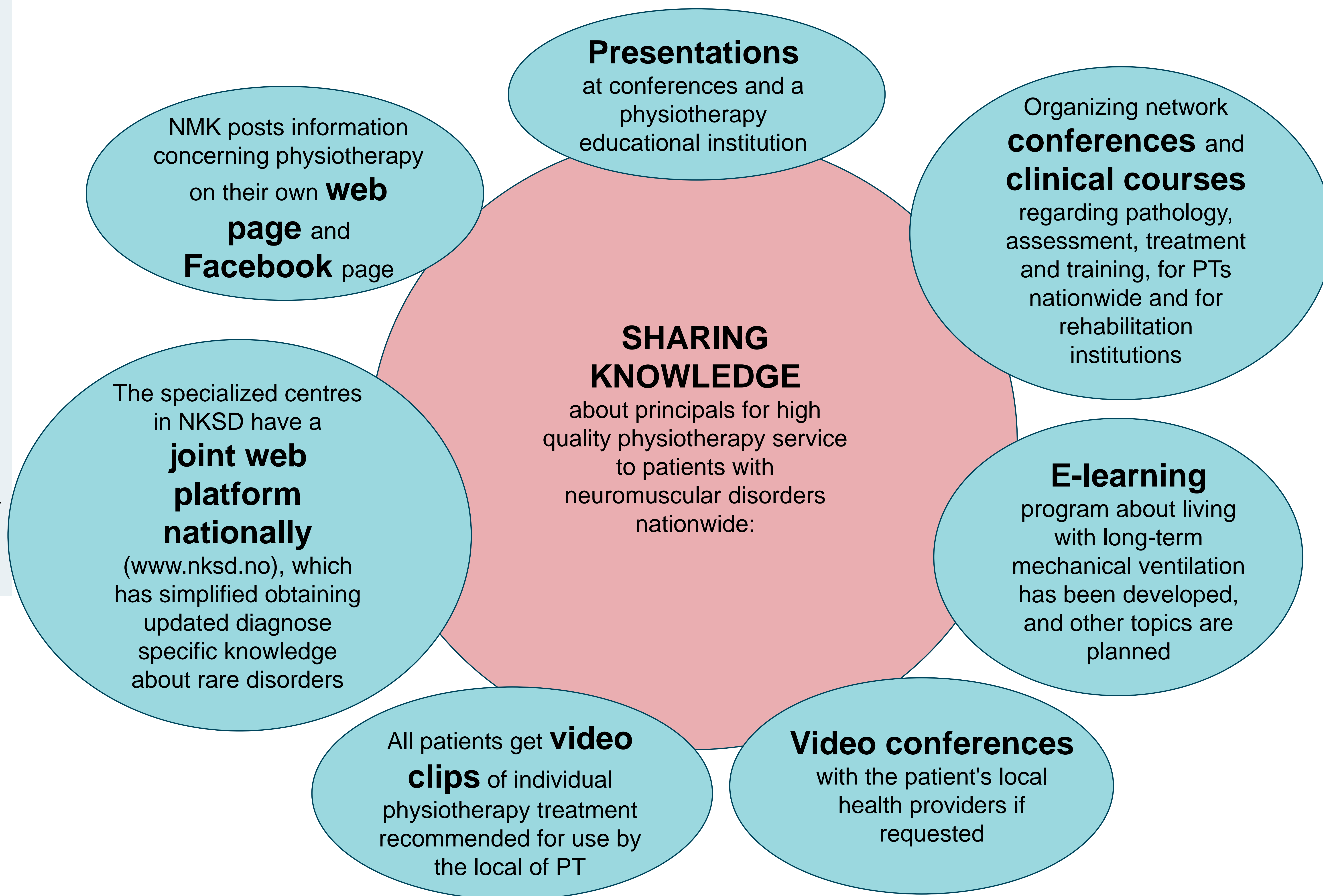
Ane Fadnes, Physiotherapist, Specialist in Neurological Physiotherapy, Irene Lund, Centre Leader, National Neuromuscular Center, Norway (nmk@unn.no)

/ NATIONAL NEUROMUSCULAR CENTER, NORWAY

Patients with rare diseases have traditionally met a low level of knowledge about their diagnosis in contact with the health care system, locally and regionally. In order to get more equality and high quality health services to patients with rare diseases, the health care system has been restructured on a national level in Norway. The Norwegian National Advisory Unit for Rare Disorders (NKSD) was organized by uniting 9 centres in 2014. The National Neuromuscular Centre Norway (NMK) in Tromsø is one of these centres. It is an advisory and information centre, as well as a clinical centre with multidisciplinary staff. Three physiotherapists (PTs) specialized in neurological physiotherapy work at the centre.

The PTs are providing assessment and treatment to patients with rare hereditary neuromuscular diseases. Outreach activity from NMK's PTs contributes to increased knowledge, and provide support and areas of interaction for patients, relatives and local health professionals.

/ SHARING PHYSIOTHERAPY KNOWLEDGE



Demonstration to participants at the neuromuscular physiotherapy course