

INTEGRATION OF RARE DISEASES INTO SOCIAL SERVICES AND POLICIES IN EUROPE: STATE OF THE ART

Raquel Castro, Social Policy Manager - EURORDIS



OCTOBER 2014

eurordis.org

The number of **rare diseases for which no treatment** is currently available is **estimated to be between 4,000 and 5,000 worldwide**.

Twenty-five to 30 million people are reported to be affected by these diseases in Europe.

Source: ORPHANET



Social Services [and policies] are instrumental to the empowerment of people living with rare diseases and are essential to the improvement of their well-being and health

Source: EUROPLAN Final Report based on the 15 National Conferences



Source: ORPHANET

EURORDIS RARE DISEASES EUROPE

The voice of Rare Disease Patients in Europe

→ WHAT WE DO

HEALTH & SOCIAL POLICY, HEALTHCARE & SOCIAL SERVICES

- Promote RD health and social policies development
- Putting RD patients at the heart of the health care system
- Support specialised services to patients

RESEARCH, DRUGS & THERAPIES

- Shaping research policy
- Promoting drug development & access to treatments
- Supporting clinical research

CAPACITY BUILDING OF PATIENT ADVOCATES

- Training programme (Summer School)
- Capacity Building workshops
- Webinars, eLearning

ADVOCACY

 Advocating for patients rights and for policies that address the needs of patients and their families within the European Commission and other European Institutions

INFORMATION & NETWORKING

- Community building
- Informing & raising awareness
- Information services to patients

http://www.eurordis.org/content/become-member

Integration of RDs into Social Services and Policies in Europe, Norway, October 2014

633 rare disease patient organisations

covering over **4000** rare diseases

59 countries

30 million people in Europe



\rightarrow Composition

\rightarrow Mission

«Member States, the relevant European authorities in the fields of research and public health action and other relevant stakeholders acting in the field»

8 Individual experts appointed in his/her personal capacity

12 organisations (including patient representatives, industry, insurance)

National Administrations **28 MS** + Norway, Iceland, Switzerland

 «aiding the European Commission with the preparation and implementation of Community activities in the field of rare diseases, in cooperation and consultation with the specialised bodies in MS»

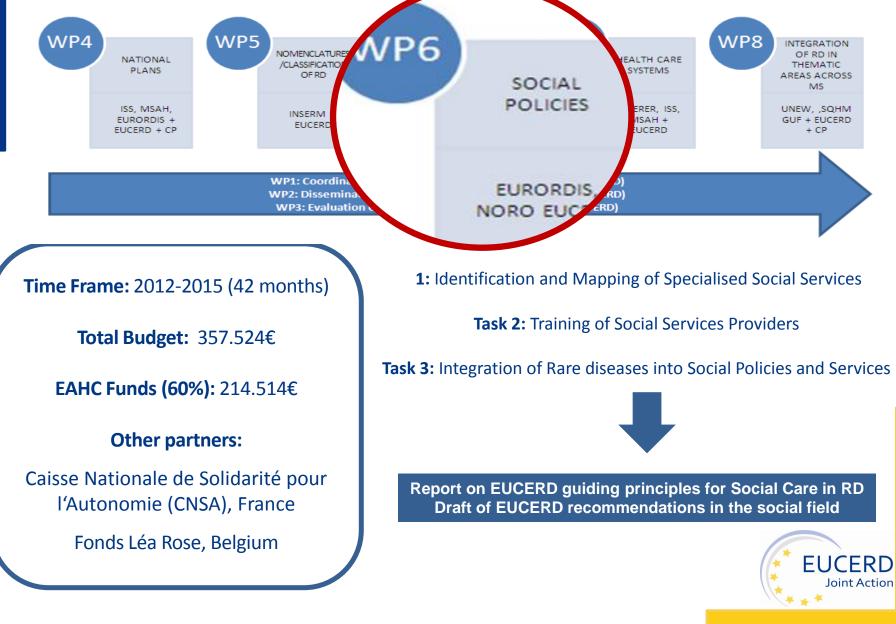
The European Union Committee of Experts on Rare Diseases (2010-2013) was replaced from 2014 onwards by the European Commission Expert Group on Rare Diseases

EUCERD JOINT ACTION WORKING FOR RARE DISEASE: (2012-2015)



EUCERD JOINT ACTION WORK PACKAGE 6

Provision of Specialised Social Services and Integration of RD into Social Policies and Services



SPECIALISED SOCIAL SERVICES – DEFINITIONS

«We're allowed to need it and to want it.» Lara Chappell, Mother of Pierre, 6 years old, living with Angelman Syndrome, France



Therapeutic Recreation Services: any organised recreation activity (camp, ad hoc trip) giving patients the possibility to take a break from thinking about diseases/treatments and focus on fun and leisure

Respite Care Services: short term basis care so that the carers can have a break from care giving

Adapted Housing: group homes aiming to help people living with rare diseases to enjoy the highest possible level of autonomy, in their own home, where they are supported by specialised staff

Resource Centres: training courses, information and guiding, documentation and research, daily support therapies, medical and psychological consultations



STATE OF THE ART OF WP6

March 2012

EMM 2014 Berlin

Learning from

each other:

Education and

Employment

Paper: Need for Specialised Social Services and Integration of RD into Social Policies

Fact Sheets

Respite Care Services Therapeutic Recreation Programmes Adapted Housing Resource Centres

Mapping of Specialised Social Services Social

Workshop Guiding Principles for Specialised Social Services

Document on Guiding Principles for Specialised Social Services

Country Visits

Sweden, Norway,

Hungary,

Denmark, Spain,

France

Connecting to other initiatives on Social Services and Policies

Document Training Social Services Providers

EUCERD

Joint Action

EMM 2014 Berlin Capacity Building Workshop: training for social services providers + EURORDIS position paper ECRD 2014 Berlin Theme 6: Beyond Medical and Medicinal Care Poster Award Workshop EURORDIS Membership Meeting 2013

Workshop Training Social Services Providers



October 2014

PAPER: NEED FOR SPECIALISED SOCIAL SERVICES AND INTEGRATION OF RD INTO SOCIAL POLICIES

«When you have a rare disease it feels like you are so alone and no one cares» Janet, mid 50's, living with Alkaptonuria, USA





Background information and statistics on Specialised Social Services and Social Policies for PLWRD

Definitions of 4 types of Specialised Social Services

click here to read the

document

Present how EJA WP6 is addressing these particular issues

Reinforce the need for Services and Policies

Encourage action at national levels in order to make Specialised Social Services a reality for PLWRD

MAP OF SPECIALISED SOCIAL SERVICES IN

«Services provided seem to differ from area to area. It is not possible to get a 'check list' of all the people you need to talk with.» Denis Ryan, husband of Anne, living with Huntington Disease, Ireland

click picture to access the map



105 100 views!!!

Integration of RDs into Social Services and Policies in Europe, Norway, October 2014

Give Visibility to Services

Improve patients' access to services Promote the need for services

84 Services

22 Countries

Information on activities, target population and contacts for all services



EUROPE

POLICY FACT SHEETS



Clarify definitions, highlight advocacy actions, reinforce need for services



Improve patients' access to services

Definition of Services Why are they needed? Why are they important? How to address the issue? role of National Plans and EUCERD Joint-Action Related Issues / References and additional information









click on each picture to access respective fact sheet

COUNTRY VISITS – CASE STUDIES

«They need to spend some days in an environment where they can stop thinking about their disease, where they can meet, socialise» Elaine, mother of Ella (3), living with Acute Lymphoblastic Leukaemia, attending Therapeutic Recreation Programme, Ireland





Frambu Resource Centre – Norway

Rare Diseases



Bátor Tábor Therapeutic Recreation Programme – Hungary

Serious Illnesses



Group Homes

Adapted Housing -Denmark

Prader-Willi Syndrome



EUCERD Joint Action

Highlight good practices

Improve quality of services Improve access to services CREER

Resource Centre – Spain

Rare Diseases





Hendaye Hospital

Respite Care Service & Re-



click on each picture to access services' websites

CONNECTING TO OTHER INITIATIVES

Establishing important partnerships

Receive and share valuable information Make the message stronger

orphanet • Inserm

BURQOL RD

Orphanet: indexing the functional consequences of rare diseases with the Orphanet Disability Thesaurus, based on the International Classification of Functioning, Disability and Health of WHO and production of fact sheets on diseases and their consequences on daily life (<u>example here</u>)

BURQOL RD : quantify the socio-economic costs and Health Related Quality of Life (HRQOL) , of both patients and caregivers, for up to 10 rare diseases in different European countries – <u>Preliminary results</u> have just been released!

French NA Group Social-Medical Services: share experiences and find solutions together with French NA, patient groups, Orphanet and invited authorities

Contacts with <u>International Federation of Social Workers</u> to look into the possibility of expressing common positions and needs



WORKSHOP: GUIDING PRINCIPLES FOR SPECIALISED SOCIAL SERVICES

Collect Consensual Good Practices



Where: Zalau, Romania, December 2012 At NoRo Resource Centre for Rare Diseases

Who: 28 participants from 16 countries EUCERD, services, National Alliances, EUROPLAN advisors, academia =» multi stakeholder group

What: reach consensus on a set of essential Guiding Principles for Specialised Social Services Click here to read the workshop report



How: Presentations of EUCERD and EJA WP6 Presentations of role model Services: 1 of each kind (TRP, RCS, AH, RC)

Group discussions on draft of Guiding Principles for Specialised Social Services Conclusions and consensus in plenary session



WORKSHOP: GUIDING PRINCIPLES FOR SPECIALISED SOCIAL SERVICES

EUCERD Joint Action, by Victoria Hedley, Newcastle University (EJA's leading Partner)

EUCERD Joint Action WP on Specialised Social Services and Integration of RDs into Social Policies, by Raquel Castro, Social Policies Manager, EURORDIS

Funding Opportunities for Specialised Social Services: Structural Funds for Health, by Jaroslaw Waligora, EU Health and Consumers General-Directorate

Respite Care Service – Ågrenska (Sweden), by Gunilla Jaeger

Therapeutic Recreation Programme – Federation of European Williams Syndrome (Europe), by Gábor Pogány

Resource Centre – Frambu (Norway), by Lisen Mohr



Adapted Housing - Danish PWS Association, by Susanne Blichfeldt

NoRo Centre for RD – Prader Willi Association (Romania), by Dorica Dan

<u>Therapeutic Recreation in Camp Programming – SeriousFun Children's</u> <u>Network (Europe), by Terry</u> Dignan

click on each title to access the corresponding presentation



DOCUMENT: GUIDING PRINCIPLES FOR SPECIALISED SOCIAL SERVICES

Mission:

To collect consensual essential guiding principles for the implementation and management of Specialised Social Services integrating patients with Rare Diseases in order to increase quality and sustainability of services

Distribution:

EURORDIS Membership Meeting 2013 Dubrovnik European Committee of Experts on RD (June 2013 meeting) EURORDIS Website EURORDIS eNews EUCERD Website



Integration of RDs into Social Services and Policies in Europe, Norway, October 2014

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CIALISED SOCIAL SERVICES

click here to read the

document

DOCUMENT: GUIDING PRINCIPLES FOR SPECIALISED SOCIAL SERVICES



BEYOND THE DOCUMENT: MAKING GUIDING

PRINCIPLES A REALITY

How to Make Guiding Principles for Specialised Social Services a Reality

E

Encouragement to take action

Coordination of efforts between PLWRD/families, patient representatives, national authorities, EU and services' funders

Patients may use the document to fight for their right to access quality services

National Alliances may use the document to advocate for improvement of quality of specialised social services

Services' providers may use the document to improve their services or to advocate for the necessary tools/means to apply certain principles in their services

National Authorities may use the document to develop a recognition and evaluation system for Specialised Social Services in the country

Funders may use the document to evaluate services and take decisions on the allocation of their funds



WORKSHOP: TRAINING SOCIAL SERVICES

PROVIDERS

Improve the training of professionals and the quality of services provided Facilitation of the integration of RD into 'mainstream' services, generating a bigger optimisation of resources

Where: Copenhagen, Denmark, 10-11 October 2013 At the <u>House of Disabled People's Organisations</u>

Who: 26 participants from 13 different countries: EUCERD, services, National Alliances, EUROPLAN advisors =» multi stakeholder group

What: reach consensus on a set of essential Guiding Principles for Training of Social Services Providers



Click here to read the workshop report

How: Presentations of project status Presentations of Role model training programmes

Group discussions on draft document 'Training for Social Services Providers'

Conclusions and consensus in plenary session



WORKSHOP: TRAINING SOCIAL SERVICES PROVIDERS - PRESENTATIONS

<u>EUCERD Joint Action, by Victoria Hedley, Newcastle University</u>
 <u>SpecialisedSocial Services and Integration of RDs into Social Policies: State of the Art, by Raquel Castro, Social Policies Manager, EURORDIS</u>
 <u>Introduction to the Workshop: context, theme, purpose, methodology and expected outcomes by Dorica Dan, Project Leader, EURORDIS</u>
 <u>Introduction to the Document: purpose, contents, annexed case studies, expected outcomes by Raquel Castro, Social Policies Manager, EURORDIS</u>
 <u>Introduction to the Document: purpose, contents, annexed case studies, expected outcomes by Raquel Castro, Social Policies Manager, EURORDIS</u>
 <u>Trainingfor professionals working with RD patients byLisen Mohr, Frambu (Norway)</u>
 <u>Edubolirare: training for professionals in RD field by Dorica Dan, Romanian Alliance for Rare Diseases (Romania)</u>
 <u>Ågrenska: a holistic approach by Anders Olauson, Ågrenska (Sweden)</u>
 <u>Training process for Case Managers at AFMTELETHON by Jean Pierre Lamorte, AFM (France)</u>



<u>"Curricula Prader-Willi-Syndrome", Adapted Housing Service for Prader-Willi Syndrome by Nobrert Hödebeck-Stuntebeck, Diakonische Stiftung</u> <u>Wittekindshof (Germany)</u>

<u>Orphanet's role in supporting people with Rare Diseases: New tools about disabilities by Odile Kremp, Orphanet (France)</u>

Social Profiles as a dialogue/training tool for social workers by Lene Jensen, Rare Disorders Denmark (Denmark)

click on each title to access the corresponding presentation



DOCUMENT: GUIDING PRINCIPLES TRAINING SOCIAL SERVICES PROVIDERS - POLICY

Mission:

To collect consensual essential guiding principles for the implementation of training programmes for social services providers, encouraging different stakeholders to initiate and/or improve the training of professionals

Distribution: EURORDIS Membership Meeting 2014 Berlin ECRD 2014 Berlin Commission Expert Group on RD (July 2014 meeting) EURORDIS Website EURORDIS eNews EUCERD Website



Integration of RDs into Social Services and Policies in Europe, Norway, October 2014

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and to the needs of each group of

EUCERD

EUCERD JOINT ACTION

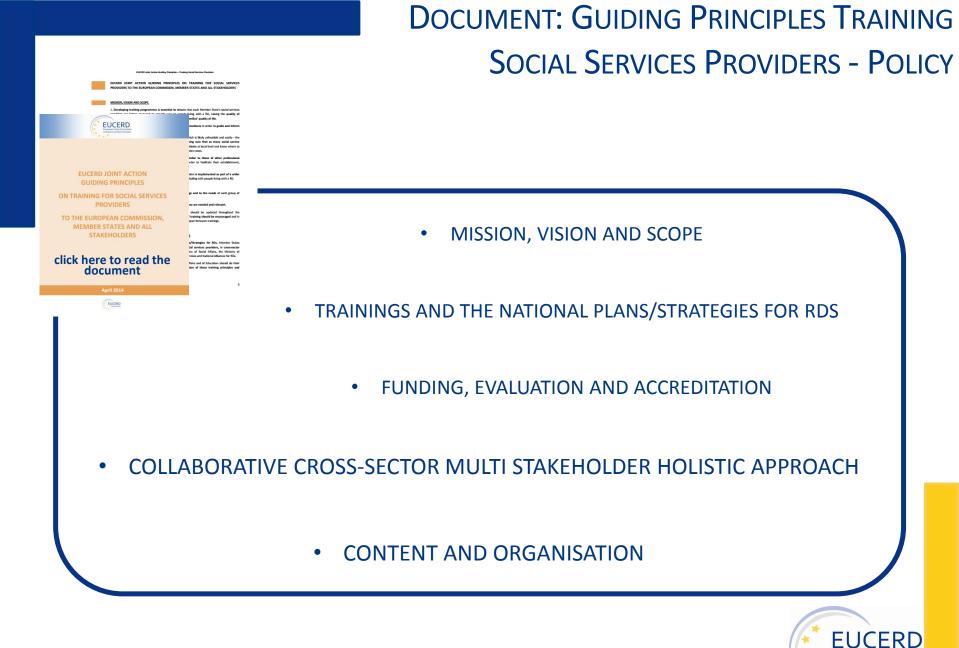
ON TRAINING FOR SOCIAL SERVICES

TO THE EUROPEAN COMMISSION, MEMBER STATES AND ALL STAKEHOLDERS

click here to read the

document

EUCERD



Joint Action

How to make **GU** Training for Social Services Providers a Reality

BEYOND THE POLICY DOCUMENT: MAKING GUIDING PRINCIPLES FOR TRAINING A REALITY ers

Various stakeholders need to take action

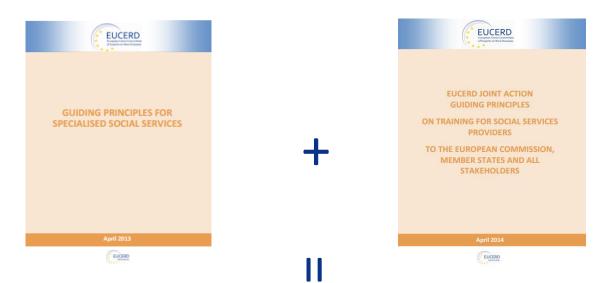
Coordination of efforts between multi sector national authorities, service providers, patient organisations, etc. is needed

Strategy and Funding for training of staff dealing with RD patients need to be implemented

Contents need to be refined: a **complementary document** will be prepared with the examples of training programmes currently developed, including programmes developed by Edubolirare (Romania) and Frambu (Norway)



EUCERD JOINT ACTION GUIDING PRINCIPLES ON SOCIAL ISSUES



- Integration of RD patients into existing services
 - Increase of quality of services provided
- More professionals fully prepared to handle RDs



Streamlining of resources Higher quality of care Empowered patients and families



WORKSHOP: EURORDIS MEMBERSHIP MEETING 2013



click here to access Presentations

EUCERD Joint Action

ECRD 2014 BERLIN

Scrare D 8 - 10 May 2 EURORDIS

7th European Conference on Rare Diseases & Orphan Products 8 - 10 May 2014 - Andel's Hotel, Berlin, Germany



THEME 6: BEYOND MEDICAL CARE

Rare Diseases Europe @eurordls - May 9 Social challenges of people living with #rarediseases now being discussed at #ECRDBerlin



6 sessions over 26 chairs, speakers and panellists - Advocacy - Policy - Sharing of good practices - Patient stories - Innovation - Vision for the future in connection to Centres of Expertise

Poster on EJA WP6 - Won Poster Award!

- Posters from different Specialised Social Services were submitted and accepted



WHAT NEXT? WITHIN THE JOINT-ACTION

February 2014

WORK

August 2015

Case Study Documents

Based on all the country visits

Good practices Social Care

Workshop Guiding Principles for Social Care at Frambu, Norway

EURORDIS Position Paper Social Challenges

> Draft Recommendation Social Care in RD

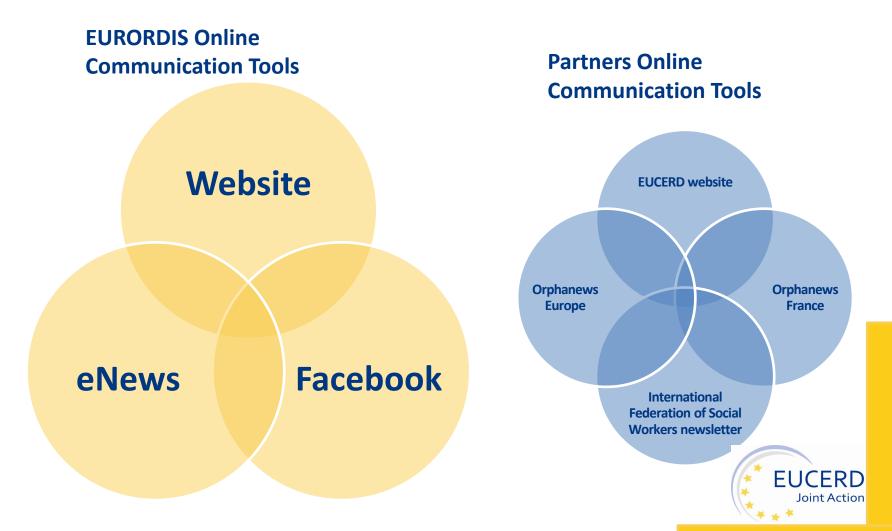
> > EUCERD Joint Action

Fact Sheet Specialised Social Services

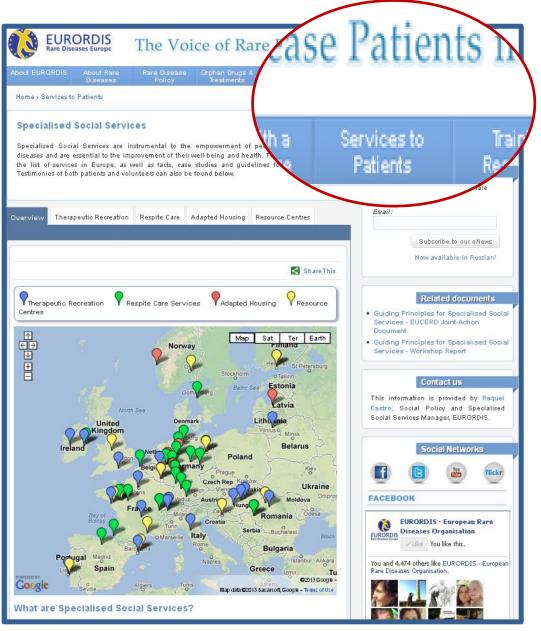
COMMUNICATION ACTIONS

Raising awareness and Reaching out to more publics

Creating a European movement around Specialised Social Services and Social Policies for PLWRD



WEBSITE SECTION: SPECIALISED SOCIAL



Giving visibility to the European movement around Specialised Social Services and Social Policies for PLWRD

Map List of services with info on each service Sections for TRP, RCS, AHS RC Fact Sheets Case Studies Good Practices documents Reports from Workshops Presentations from all Workshops Testimonials from patients, families, volunteers, professionals



SERVICES

click picture to access the website section

WEBSITE SECTION: SPECIALISED SOCIAL

Fact Sheet and Case Studies

ShareThis

Consult our Fact Sheet and Case Studies to learn more about Resource Centres and well established RC across Europe.

Actions performed by Resource Centres (RC) are generally specifically targeted to people living with rare diseases. These centres often function in partnership or cooperation with Centres of Expertise or constitute part of a Centre of Expertise themselves. Download the Fact Sheet.

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Case Study Presentations

2013

Casa dos Marcos Resource Centre, Portugal

Paula Brito e Costa, Rarissimas, Portugal EURORDIS Membership Meeting 2013 Dubrovnik, Workshop 10: Social & medical services initiated by patient organisations



Frambu Resource Centre, Norway

Lisen Mohr, Frambu, Norway EURORDIS Membership Meeting 2013 Dubrovnik, Workshop 6: Specialised Social Services: need, policy, case studies

NoRo Resource Centre, Romania

Dorica Dan, RONARD, EUCERD & EURORDIS, Romania EURORDIS Membership Meeting 2013 Dubrovnik, Workshop 10: Social & medical services initiated by patient organisations



2012

Frambu Resource Centre, Norway

Lisen Mohr, Frambu, Norway EUCERD Joint-Action Workshop on "Guiding Principles for Specialised Social Services", 2012, Romania



NoRo Resource Centre, Romania Dorica Dan, RONARD, EUCERD & EURORDIS, Romania EUCERD Joint-Action Workshop on "Guiding Principles for Specialised Social Services", 2012, Romania



Sharing data on role model services

Giving visibility Specialised Social Services and good practices in the field

All presentations from workshops and meetings available by type of service Presentations have common set of data and information, with a collection of facts on the service budge, governance structure, costs, target population, history, etc.



SERVICES

click picture to access the website section

Reaching out to our members and followers

ENEWS SECTION: PATIENTS, ORGANISATIONS, SERVICES

Strengthening the European movement by having a 2-way channel

Sharing information on:

Map Services Documents Events New developments/studies Testimonials

Calling for action on: Mapping exercise Contribution to documents on good practices



PATIENTS, ORGANISATIONS, SERVICES

Read about living with a rare disease and the services available

Over 50 social services for patients and families have been identified in 18 countries so far!





FACEBOOK

Reaching out beyond our members and followers

Strengthening the global movement

Communicating to general public sharing information on:

Map Services Documents Events New developments/studies Testimonials EURORDIS - European Rare Diseases Organisation

Over 50 social services for patients and families have been identified in 18 countries so far! http://www.eurordis.org /specialised-social-services

If you know a service that could be on this map, contact us at raquel.castro@eurordis.org



click pictures to access Facebook posts

CURORDIS - European Rare Diseases Organisation

Barretstown 2013 Therapeutic Recreation Programmes have just started! Sessions for campers and families run until autumn http://www.eurordis.org/content/therapeutic-recreationlist#barrestown





Reaching out to the RD community

PARTNERS COMMUNICATION TOOLS

Strengthening the advocacy movement



RD > EUCERD Joint Action > Specialised social services

Specialised social services

The EUCERD has chosen to examine the area of specialised social services for rare diseases (RD), as concerns both the provision of specialised rehabilitation services for RD as well as the integration of RD into mainstream social policies and services.

This work will include:

- Identifying and mapping of existing specialised social services such as therapeutic recreational
 programmes, respite care services and other rehabilitation services (e.g. adapted housing) and the
 identification of good practices;
- Facilitating access to information on specialised social services for RD patients and their families;
 Defining guiding principles for Member States and stakeholders on why and how to develop training sessions for social services providers;
- Promoting the integration of RD into social policies and services by identifying existing social guidelines and defining guiding principles for social care in the field of RD.





Eurordis now has a section of their website dedicate to Specialised Social Services for rare diseases part of the Eucerd Joint Action (2012-2015), Eurordis is committed to helping rare diseases ampowering them. As part of the Eucerd Joint Action (2012-2015), Eurordis is committed to helping rare disease patients to obtain access to "Specialised Social Services and Integration of Rare Diseases into Social Policies and Services". For this purpose, Eurordis is performing a mapping service of the places that provide Specialised Social Services for rare disease patients in Europe as well as raising awareness about the socialised services currently mapped by Eurordis which include, Therapeutic Recreation Programmes (TRP), Resplic Care Services (CC), Adapted Housing (AH), Resource Centres (RC), Apart for mapping these services Eurordis will also be involved in "acdress(ng) the issues concerning the training of the add/volumeers working at these services" (Init to FURORDS part on Tare Disease; and rous and sorthibute to helping rare disease patients in Eurording suggestions of Services available, (mail here). Eurordis lance un recensement des services sociaux spécialisés pour les patients atteints de maladies rares en Europe



Eurordis developpe sur son site une section consarcée aux services sociaux spécialisés pour les patients attentis e maladies rares, pour les aidre à ambitorre leur antière et leur qualité de vie et à renforcer leur autonomie. Dans le cadre de l'action conjointe EUCERD (2012-2015), Eurordis s'est engagé à aidre les patients attentis de maladies rares à avoir actés à des services sociaux spécialisés et à intégration des maladies rares dans les politiques et les services sociaux spécialisés antacé un recensement systématique des services sociaux spécialisés pour les patients attents de maladies rares en l'entre, buns lidés auts il de sensibiliter a l'importance et à l'indécisité rolissante les condomnées des services sociaux achellement répendinés ; porgammes de lossit métades traises (TRP), services de sonie de rept RCCS), logements adaptés (M), centres de resources (RC). Eurordis es penche aussis un les questions achellement répendinés ; porgammes de lossits métadesties une (TRP), services de sonie de rept RCCS), logements adaptés (M), centres de ressources (RC). Eurordis es penche aussis un les questions pocialeux a charaiton du personne et des alants que trais une services pocialeux à l'actionation du personne et des alants que tamélioration de la patien en tâmpes pociale. La Caisse antianale de solitant pour l'autonneme et patemaire de cetta action d'Eurordis. Ce recensement est un exercice continu auquel vous pouvez continuer en proposant les condonnées de sonies estants (centex).

Working with partners towards sharing our tools and information:

EUCERD Website Orphanews Europe & Orphanews France

Internation Federation of Social Workers

Reaching EU, national authorities, patient advocates, health and social sector professionals...



click on each picture to access respective article



«My son is at camp as I speak. It took two staff and I to carry just his meds and feeds. But while he's there he's going to be like any other boy» «I go to bed exhausted and I don't get a lot of help. I loved my work and I miss it a lot! At this moment, it is impossible for me to find a job»

«When your child is diagnosed with a serious illness your whole life revolves around hospitals. Everything else in life is put on the back burner» «We were relieved to know that professionals were taking care of him in a place adapted to his needs. If we leave him with family, they don't always know what to do.»





Norway, October 2014 raquel.castro@eurordis.org

ALL PHOTOS USED IN THIS PRESENTATION WERE TAKEN AT SPECIALISED SOCIAL SERVICES

ALL QUOTES USED IN THIS PRESENTATION ARE REAL STORIES